



Yam-Man Imports UK Catalogue

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Name	Category
Wray & Nephew Red Label Wine 12x750ml	Alcohol
Wray & Nephew Red Label Wine 6x1.75lt	Alcohol
Magnum Tonic Wine 24x200ml	Alcohol
Red Stripe Lager Beer 24x341ml	Alcohol
Red Stripe Sorrel Beer 24x275ml	Alcohol
Red Stripe Melon Beer 24x275ml	Alcohol
Red Stripe Lemon Beer 24x275ml	Alcohol
D&G Sorrel Rum Liqueur 12x750ml	Alcohol
Creation Foods Bulgar Rice 27x450g	Bammy Sugar Cereal & Cake Mixes
Creation Foods Vege Chunks 27x200g	Bammy Sugar Cereal & Cake Mixes
Jamaica Brown Sugar 20x1kg	Bammy Sugar Cereal & Cake Mixes
JF Mills Festival Mix 12x454g	Bammy Sugar Cereal & Cake Mixes
JF Mills Cake Mix Yellow 12x500g	Bammy Sugar Cereal & Cake Mixes
JF Mills Cake Mix White 12x500g	Bammy Sugar Cereal & Cake Mixes
Yam-Man Bammy Large 24x2x198.5g	Bammy Sugar Cereal & Cake Mixes
Kraft Macaroni & Cheese Dinner 24x206g	Bammy Sugar Cereal & Cake Mixes
Pronto Cornmeal Porridge VANILLA 12x60g	Bammy Sugar Cereal & Cake Mixes
Pronto Cornmeal Porridge CINNAMON 12x60g	Bammy Sugar Cereal & Cake Mixes
Pronto Porridge BANANA 12x60g	Bammy Sugar Cereal & Cake Mixes
Foska Cornmeal Porridge VANILLA 12x60g	Bammy Sugar Cereal & Cake Mixes
Foska Cornmeal Porridge CINNAMON 12x60g	Bammy Sugar Cereal & Cake Mixes
Foska Cornmeal Porridge BANANA 12x60g	Bammy Sugar Cereal & Cake Mixes
Benjamins Bay Rum Menthol 24x250ml	Benjamins Products
Benjamins Bay Rum 24x250ml	Benjamins Products
Benjamins Florida Water 24x240ml	Benjamins Products
Benjamins Healing Oil 36x60ml	Benjamins Products
Benjamins Kananga Water 24x240ml	Benjamins Products
Benjamins Rubbing Alcohol Wintergreen 24x500ml	Benjamins Products
Benjamins Rubbing Alcohol Wintergreen 24x250ml	Benjamins Products
Benjamins Rubbing Alcohol 24x250ml	Benjamins Products
Benjamins Rubbing Alcohol 24x500ml	Benjamins Products
Benjamins Castor Oil 36x30ml	Benjamins Products
Benja Essence Of Peppermint 36x30ml	Benjamins Products
Captains Bulla Cake 22x5x190g	Cakes
Kiss Cake Strawberry 24x60g	Cakes
Kiss Cake Chocolate 24x60g	Cakes
Kiss Cake Orange 24x60g	Cakes
Kiss Cake BLISS 20x60g	Cakes
Honey Bun Pineapple Cake 24x120g	Cakes
Honey Bun Strawberry Cake 24x120g	Cakes

Honey Bun Coconut Roll 16x136g	Cakes
Honey Bun CUPCAKE 36x90g	Cakes
Honey Bun FRUIT BUN 16x128g	Cakes
Honey Bun SPICED BUN Box 5x795g	Cakes
Honey Bun SPICED BUN 16x119g	Cakes
Kiss Cake Cotton Candy Cupcakes 24x60g	Cakes
Yam-Man Ackee 24x540g	Canned Vegetables
Yam-Man Canned Callaloo 24x540g	Canned Vegetables
Busta Coconut Sweet 5x100x8g	Confectionaries
HoneyCombe Tamarind Balls 120x50g	Confectionaries
Kool Aid Sachs Cherry 4x48x4.2g	Drink Mix
Kool Aid Sachs Tropical 4x48x4.2g	Drink Mix
Kool Aid Sach ShrinklebeFinn 4x48x4.2g	Drink Mix
Kool Aid Tub Cherry 12x538g	Drink Mix
Kool Aid Tub Strawberry 12x538g	Drink Mix
Kool Aid Tub Tropical FruitPunch 12x538g	Drink Mix
Tang Drink Mix Pineapple 12x12x13g	Drink Mix
Tang Drink Mix Passion Fruit 12x12x13g	Drink Mix
Creation Foods Mega Punch 36x200g	Drink Mix
Calay Syrup Cherry 12x1 litre	Drink Mix
Calay Syrup Cherry 4x3.8 litre	Drink Mix
Kool Aid Sachet Pineapple 4x48x6.2g	Drink Mix
Calay Syrup Strawberry 4x3.8 litre	Drink Mix
Calay Syrup Pineapple 4x3.8 litre	Drink Mix
Kool Aid Sachet Strawberry 4x48x6.2g	Drink Mix
Calay Syrup Strawberry 12x1 litre	Drink Mix
Calay Syrup Pineapple 12x1 litre	Drink Mix
Calay Syrup Ginger 4x3.8 litre	Drink Mix
Tang Drink Mix Strawberry 12x12x13g	Drink Mix
Calay Syrup Fruit Punch 4x3.8 litre	Drink Mix
Calay Syrup Fruit Punch 12x1 litre	Drink Mix
Calay Syrup Ginger 12x1 litre	Drink Mix
Calay Syrup Grape 4x3.8 litre	Drink Mix
Kool Aid Sachet Grape 4x48x6.2g	Drink Mix
Kool Aid Sachet Berry Cherry 4x48x4.8g	Drink Mix
Tang Drink Mix GuavaPineapple 12x12x20g	Drink Mix
Tang Drink Mix Grape 12x12x20g	Drink Mix
Lasco Food Drink VANILLA 100x120g	Drink Mix
Lasco Food Drink STRAWBERRY 100x120g	Drink Mix
Cals Syrup Cherry 24x454ml	Drink Mix
Cals Syrup Strawberry 24x454ml	Drink Mix
Cals Syrup Fruit Punch 24x454ml	Drink Mix
Cals Syrup Kola Champagne 24x454ml	Drink Mix
Tang Drink Mix ORANGE 12x12x20g	Drink Mix
Avocado (Jamaica) 7kg Net	Fruits
Guinep (Jamaica) 7kg Net	Fruits
Sugar Cane 18kg Net	Fruits
Naisberry (Jamaica) 7kg Net	Fruits
Julie Mango (St Lucia) 13.64kg Net	Fruits

Soursop Jamaica 7kg Net	Fruits
Guinep (St Lucia) 9.09kg Net	Fruits
June Plum (St Lucia) 13.64kg Net	Fruits
Soursop St Lucia 9.09kg	Fruits
Apple Banana 5kg Net	Fruits
East Indian Mango 7kg Net	Fruits
Star Apple 7kg Net	Fruits
Avocado (St Lucia) 13.64kg Net	Fruits
Black Mango 7kg Net	Fruits
Number Eleven Mango 7kg Net	Fruits
Julie Mango (Jamaica) 7kg Net	Fruits
Hairy Mango (Jamaica) 7kg Net	Fruits
High Grade Irish Moss 24x116g	Herbs
High Grade Irish Moss 5kg	Herbs
Sarsaparilla Bulk Bush 4.5kg	Herbs
Soursop Leaves Bulk 4.5kg	Herbs
Real Jamaican Soursop Leaves 25x10g	Herbs
Real Jamaican Cinnamon Leaves 25x10g	Herbs
Real Jamaican Horny Goat Weed 25 Pieces	Herbs
Real Jamaican Cerassie Bush 25x10g	Herbs
Real Jamaican Bissy(Grated) 25x24g	Herbs
Real Jamaican Dog Blood Bush 25x10g	Herbs
Real Jamaican Strong Back Bush 25x10g	Herbs
Real Jamaican Sarsaparila Bush 25x10g	Herbs
Real Jamaican Guinea Hen Weed 25x10g	Herbs
Real Jamaican Mauby Bark 20 Pieces	Herbs
Real Jamaican Fever Grass 25x10g	Herbs
Real Jamaican Bitter Wood 15x25g	Herbs
Real Jamaican Medina bush 30 Pieces	Herbs
Real Jamaican Moringa Seed 22x10g	Herbs
Real Jamaican Raw Moon Bush 25x10g	Herbs
Real Jamaican Dandelion Bush 25x10g	Herbs
Real Jamaican Noni Leaves 30 Pieces	Herbs
Real Jamaican Nerve Wisp Bush 25x10g	Herbs
High Grade Dried Sorrel 30x100g	Herbs
Cerassie Bush Bulk 4.5kg	Herbs
Strong Back Bulk 4.5kg	Herbs
Real Jamaican Jack In The Bush 30 Piece	Herbs
Real Jamaican Pimento Stick 20x40g	Herbs
Real Jamaican Pimento Leaves 20x20g	Herbs
Real Jamaica Chainey Root 25x35g	Herbs
Holiday Cheeze Stiks 10x12x40g	Holiday
Kiss Cake Banana Bread 24x72g	Kiss Cakes
Whitfield Ointment DOUBLE Strengt 12x28g	Personal Care
Irish Spring Bath Soap-Bar 4x20x128g	Personal Care
Ammens Medicated Powder BABY 12x250g	Personal Care
Ammens Medicated Powder FRESH SCENT 12x250g	Personal Care
Ammens Medicated Powder ORIGINAL 12x250g	Personal Care
Wooden Foot Scruber 12 Pieces	Personal Care

Bunnys Arthritis plus 12x60g	Personal Care
Bunnys Smelling Salt 24x10ml	Personal Care
Long Love Condom 48x2	Personal Care
Purelene Cocoa Butter Cream 12x455g	Personal Care
Purelene Cocoa Butter Cream 24x260g	Personal Care
Carbolic Soap (Un-wrapped) 72x125g	Personal Care
Purelene Black Hair Grower 24x226g	Personal Care
Purelene Black Hair Grower 12x375g	Personal Care
Nadinola BLACK Soap 12x85g	Personal Care
Ammens Medicated Powder ORIGINAL 12x150g	Personal Care
Aluminum Coal Stove x3 Pieces	Pots & Stove
Dutch Pot (Medium) x3 Pieces	Pots & Stove
Dutch Pot (Large) x3 Pieces	Pots & Stove
JA Frying Pan-Small Size x3 Pieces	Pots & Stove
JA Frying Pan-large Size x3 Pieces	Pots & Stove
Flat Bottom Dutch Pot (Large) x3 Pcs	Pots & Stove
Flat Bottom Dutch Pot (Medium) x3 Pcs	Pots & Stove
Soo Natural Guinea Hen Weed Drink 24x200ml	Roots Drinks & Tonics
Baba Roots Drink 24x148ml	Roots Drinks & Tonics
Baba Roots Drink12x700ml	Roots Drinks & Tonics
Ferrol Compound Tonic 12x500ml	Roots Drinks & Tonics
Sphynx Molasses 12x1kg	Roots Drinks & Tonics
Ferrol Compound Tonic 24x200ml	Roots Drinks & Tonics
Black Stallion Bedroom Tonic 12x40ml	Roots Drinks & Tonics
Zion Roots Drink 24x148ml	Roots Drinks & Tonics
Zion Roots Drink 12x700ml	Roots Drinks & Tonics
Canadian Healing Oil 36x60ml	Roots Drinks & Tonics
Soo Natural Noni Juice 100% 12x700ml	Roots Drinks & Tonics
Soo Natural Noni Juice 24x6.3fl oz	Roots Drinks & Tonics
Soo Natural Medina Strong Back Drink 24x200ml	Roots Drinks & Tonics
Trang Back Tonic Wine Non Alc 24x240ml	Roots Drinks & Tonics
Soo Natural Spirulina Strong Back Drink 24x200ml	Roots Drinks & Tonics
Soo Horny Goat Weed Drink 24x200ml	Roots Drinks & Tonics
Moringa Turmeric Drink 24x200ml	Roots Drinks & Tonics
Vital Tides Sea Moss 48x284ml	Roots Drinks & Tonics
Pickapeppa Original Sauce 24x148ml	Sauces & Vinegar
Eve White Vinegar 24x454ml	Sauces & Vinegar
Eve White Vinegar 6x2 Litre	Sauces & Vinegar
Grace Tomato Ketchup 24x385g	Sauces & Vinegar
Grace (HOT) Tomato Ketchup 24x380g	Sauces & Vinegar
Maggi All Purpose Seasoning Up 24x200g	Seasonings, Spices & Noodles
Maggi Fish Seasoning Up 3x48x10g	Seasonings, Spices & Noodles
Maggi Fish Seasoning Up 48x12x10g Case	Seasonings, Spices & Noodles
Maggi Chicken Seasoning Up 48x12x10g Cas	Seasonings, Spices & Noodles
Maggi All Purpose Seasoning Up 48x12x10g Case	Seasonings, Spices & Noodles
Easi Spice Seasoning Chicken 24x170g	Seasonings, Spices & Noodles
Eve Browning 24x142ml	Seasonings, Spices & Noodles
Maggi Tub Fish Seasoning Up 24x125g	Seasonings, Spices & Noodles
Maggi Fish Seasoning Up 12x380g	Seasonings, Spices & Noodles

Maggi All Purpose Seasoning Up 12x430g	Seasonings, Spices & Noodles
Betapac Curry Powder 40x110g	Seasonings, Spices & Noodles
Betapac Curry Powder 20x450g	Seasonings, Spices & Noodles
Easi Spice Seasoning Fish 24x170g	Seasonings, Spices & Noodles
Maggi All Purpose Seasoning Up 3x48x10g	Seasonings, Spices & Noodles
Maggi Chicken Seasoning Up 3x48x10g	Seasonings, Spices & Noodles
Easi Spice seasoning All Purpose 12x400g	Seasonings, Spices & Noodles
Easi Spice Seasoning All Purpose 24x150g	Seasonings, Spices & Noodles
Ram It Up Curry Goat Booster 4x24x20g	Seasonings, Spices & Noodles
Spicy Hill Farms Ram Goat Soup 8x12x54g	Seasonings, Spices & Noodles
Maggi Tub Chicken Seasoning Up 12x430g	Seasonings, Spices & Noodles
Maggi Chicken Seasoning Up 24x200g	Seasonings, Spices & Noodles
Spicy Hill Scotch Bonnet Pepper 4x24x20g	Seasonings, Spices & Noodles
Maggi Tub All Purpose Seasoning 6x2kg	Seasonings, Spices & Noodles
Maggi Tub Chicken Seasoning 6x2kg	Seasonings, Spices & Noodles
Nissin Cup Noodles CHICKEN 24x64g	Seasonings, Spices & Noodles
Nissin Cup Noodles SHRIMP 24x64g	Seasonings, Spices & Noodles
Betapac Jerk Spice 10x453g	Seasonings, Spices & Noodles
Betapac Jerk Spice 50x113g	Seasonings, Spices & Noodles
Nissin Top Ramen Noodle Soup CHICKEN 24x85g	Seasonings, Spices & Noodles
Nissin Top Ramen Noodle Soup SHRIMP 24x85g	Seasonings, Spices & Noodles
Butterkist sandwich Strawberry 36x 55g	Snacks
Butterkist Cookies Coconut 36x50g	Snacks
Jackass Corn Biscuits 30x71g	Snacks
Police Button Cookies 6x18x56g	Snacks
Butterkist Cookies Festival 36x50g	Snacks
Butterkist Cookies Butter 36x50g	Snacks
Butterkist Sandwich Biscuits Vanilla 36x55g	Snacks
Holiday Big Foot 96x25g	Snacks
Sunshine Snacks Zoomers 48x32g	Snacks
Sunshine Snacks Cheeze Curls 24x33g	Snacks
Sunshine Snacks Cheeze Balls 24x35g	Snacks
Holiday Big Foot Spicy 96x25g	Snacks
Rough Tops Biscuits 24x50g	Snacks
Rough Tops Biscuits 24x142g	Snacks
RoughTops Coconut Drops Biscuit 24x142g/5oz	Snacks
Holiday Cherry Berries 10x12x30g	Snacks
Ti-gaz Cheese 4x16x30g	Snacks
Strawberry Ballers 4x16x30g	Snacks
Club Social Original Crackers 24x9x26g	Snacks
Cheese SNAX 4x40x15g	Snacks
Ritz Bits Cheese 4x12x28g	Snacks
Carbolic Soap (Wrapped) 72x125g	Soaps
Blue Bomber Cake Soap 72x130g	Soaps
Boom Energy Drink 24x355ml	Soft Drinks
Freshhh Sorrel Juice Drink 12x500ml	Soft Drinks
Tru Juice Drink Apple 24x200ml	Soft Drinks
Tru Juice Drink Guava Pineapple 12x500ml	Soft Drinks
Tru Juice Orange Pineapple 12x500ml	Soft Drinks

Tru Juice Drink Fruit Punch 24x200ml	Soft Drinks
Tru Juice Drink Guava Pineapple 24x200ml	Soft Drinks
Tru Juice Juice Drink Grape 24x200ml	Soft Drinks
Tang Drink Mix Fruit Punch 12x12x13g	Soft Drinks
Tru Juice Drink Orange Pineapple 24x200m	Soft Drinks
Island Flava FRUIT PUNCH 24x520ml	Soft Drinks
Island Flava LEMON-LIME 24x520ml	Soft Drinks
Lasco Carrot Juice 24x540ml	Soft Drinks
Ocean Spray Splash Cranberry Grape Water 24x591ml	Soft Drinks
Bigga Soft Drink APPLE 24x600ml	Soft Drinks
Wata Cran-Grape 24x600ml	Soft Drinks
Wata Cran-Peach 24x600ml	Soft Drinks
Wata Cranberry 24x600ml	Soft Drinks
Wata GRAPE 24x600ml	Soft Drinks
Tru Juice Drink June Plum 12x500ml	Soft Drinks
Freshhh Grape Juice Drink 12x500ml	Soft Drinks
Tropics Drink GRAPE 24x591ml	Soft Drinks
Tropics Drink FRUIT PUNCH 24x591ml	Soft Drinks
Tropics Drink PEACH PAPAYA 24x591ml	Soft Drinks
Tropics STRAWBERRY MELON 24x591ml	Soft Drinks
Ocean Spray White Cranberry 12x450ml	Soft Drinks
Grace Fruit Punch Drink 24x540ml	Soft Drinks
Ocean Spray White Cran-Peach 12x450ml	Soft Drinks
iCool Lemon Ginger Drink 24x500ml	Soft Drinks
Cals Mango-Peach Drink 24x473ml	Soft Drinks
Cals Fruit Punch Drink 24x473ml	Soft Drinks
Cals Pineapple-Lemon Drink 24x473ml	Soft Drinks
Cals Grape Drinks 24x473ml	Soft Drinks
Cals Bag Juice PINEAPPLE 24x250g	Soft Drinks
Cals Bag Juice BLUEBERRY 24x250ml	Soft Drinks
Cals Bag Juice GRAPE 24x250ml	Soft Drinks
Cals Bag Juice ORANGE 24x250ml	Soft Drinks
Cals Bag Juice FRUIT PUNCH 24x250ml	Soft Drinks
Ocean Spray White Cran-Strawberry 12x450	Soft Drinks
Cals Bag Juice BUBBLEGUM 24x250ml	Soft Drinks
Bigga Soft Drink Fruit Punch 24x600ml	Soft Drinks
Soo Natural Molasses 12x750ml	Soo Natural
Tops Lemongrass Tea 24x24s	Teas
Sipacupa Guava Leaf Tea 24x24x1.5g	Teas
Tops Cinnamon Tea 24x24s	Teas
Real Jamaican Chocolate Balls 22x75g	Teas
Dalgety Cerassie Tea 6x18x3g	Teas
Dalgety Cinnamon & Pepermint Tea 6x18x3g	Teas
Dalgety Honey & Ginger Tea 6x18x3g	Teas
Dalgety Lemon & Ginger Tea 6x18x3g	Teas
Dalgety Peppermint Tea 6x18x3g	Teas
Dalgety Slimline Tea 6x18x3g	Teas
DalgetyLemngrass/Fevergrass Tea 6x18x3g	Teas
Dalgety Neem Tea 6x18x3g	Teas

Dalgety Turmeric Tea 6x18x3g	Teas
Dalgety Sorrel & Ginger Tea 6x18x3g	Teas
Dalgety Moringa & Ginger Tea 6x18x3g	Teas
Dalgety Moringa Peppermint Tea 6x18x3g	Teas
Dalgety Pure Moringa Tea 6x18x3g	Teas
Dalgety Soursop Tea 6x18x2.2g	Teas
Dalgety Instant Ginger Tea 6x15x9g	Teas
Dalgety Instant Ginger Pouch 15x30x9g	Teas
Tops Cerassie Tea 24x24x2g	Teas
Tops Bissy Tea 24x24s	Teas
Tops Ginger Lemon/Fevergrass Tea 24x24x1.6g	Teas
Dalgety Instant Lemon & Ginger Tea Pouch	Teas
Dalgety Inst Ginseng & Ginger Tea Pouch	Teas
Sipacupa Guinea Hen Tea 24x24x1.5g	Teas
Tops Pep O Mint Tea 24x24s	Teas
Sipacupa Vervain Tea 24x24x1.5g	Teas
Sipacupa Turmeric Tea 24x24x1.5g	Teas
Tops Classic Peppermint 24x24x1.5g	Teas
Dalgety Peppermint & Ginger 6x18x2.2g	Teas
Sipacupa Moringa Tea 24x24x1.5g	Teas
Sipacupa Soursop 24x24x1.5g	Teas
Home Choice Ginger Flavouring 24x454ml	Vanilla & Flavourings
Island Spice Rose & Almond Flav 24x142ml	Vanilla & Flavourings
Mclas Vanilla Flavouring 24x480ml	Vanilla & Flavourings
Benjamins Vanilla Flavouring 24x480ml	Vanilla & Flavourings
HomeChoice TURMERIC & Ginger Ex 24x454ml	Vanilla & Flavourings
Home Choice Sorrel Extract 24x454ml	Vanilla & Flavourings
Yellow Yam 18kg Net	Vegetables
White Yam (Ghana)18kg Net	Vegetables
Sweet Potato (Jamaica) 18kg Net	Vegetables
Crown(Grey) Pumpkin 15kg Net	Vegetables
Kabocha Pumpkin 15kg	Vegetables
Dasheen 18kg Net	Vegetables
Breadfruit (St Lucia) 18kg Net	Vegetables
Appim (St Lucia) 13.64kg Net	Vegetables
Cucumber (St Lucia) 13.64kg Net	Vegetables
Pumpkin (Jamaica) 18kg	Vegetables
Ginger Uganda 5kg Net	Vegetables
Sweet Potato Uganda-White 8kg Net	Vegetables
Turmeric Fresh 3.9kg Net	Vegetables
Coco Yam (Uganda) 8kg Net	Vegetables
Breadfruit (Jamaica) 18kg Net	Vegetables
Fresh Callaloo 15 Bundles 7kg Net	Vegetables
Lucea Yam 18kg Net	Vegetables
Fresh Sorrel (Seedless) 7kg Net	Vegetables
Renta Yam 18kg Net	Vegetables
Puna Yam 18kg Net	Vegetables
Fresh Sorrel (Seedless) 2.5kg Net	Vegetables
Yampie Yam 13.64kg Net	Vegetables

Fresh Sorrel (With Seed) 7kg Net	Vegetables
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